

# Merea

## MENTORING MINISTRY

TITUS 2:3-5

### *What is the Mentoring Ministry?*

It is a ministry for women of all ages based on [Titus 2:3-5](#). It is a ministry that intentionally develops friendships among women of different generations. Women invest in the lives of each other through encouragement, guidance, listening, laughing and loving. The goal is to form strong and lasting relationships that are a source of support, growth and strength.

### *What is a Mentor and what does she do?*

A mentor is a wise woman who is mature in faith and consistent in godly conduct. She is willing to listen, share skills, and provide a positive perspective for life experiences.

She provides wisdom and offers a spiritually sound, safe and fun friendship to a younger woman.

### *What is a Merea and what does she do?*

“Merea” is a Hebrew term that means "young friend." A merea is a woman who welcomes the insight and knowledge of a more mature woman. She desires to develop certain skills and/or strengths for her personal, spiritual journey. She is looking for a woman who has dealt with the struggles she now faces.

### *Why have a Mentoring Ministry?*

The Lord commands us to tell the next generation – Psalms 145:4, 48:13, 71:18, & 78:4.

Teaching what we've learned is the Lord's plan for growth and maturity – Titus 2:2-5.

Spiritual friendships are extremely valuable in a woman's life - Proverbs 27:9 and 17.

### *What commitment does the Mentoring Ministry require?*

#### *Merea Mentoring Covenant*

- We will make a nine-month commitment to our mentoring relationship.
- We will pray for each other.
- We will contact each other once a week via call, text or email.
- We will meet face-to-face (i.e. coffee, share a meal, go for a walk) once a month.
- We will share honestly and keep it confidential. We will talk only about our personal journeys.

*“That we might be mutually encouraged by each other's faith, both yours and mine.”*

*- Romans 1:12*